

Sibillini hikes – May 2024

In the footsteps of Carol Mather's Apennine escape route – Sept/Oct 1943

Nicholas and Susie Mather, Sasha Mather and Adam McBraida
Edward and Victoria Harley (appointed botanist!), Brilliana Harley and Fred Kerr-Smiley,
and Cressida Harley
And our guide, Rodolfo Nasini

Wildflowers admired along the way...

The lists below are non-exhaustive and very possibly inaccurate!

Day One

Geranium sanguineum	Bloody Crane's Bill, or Bloody Geranium
Ferula communis	Giant Fennel
Anacamptis pyramidalis	Pyramidal Orchid (pink)
Cistus creticus/crispus?	Cistus (pink)
Helianthemum apenninum	Rock Rose (white)
Leopoldia comosa	(Sasha's little blue bottlebrush job)
Gladiolus imbricatus	Gladioli
Campanula martinii	Bell flower (blue)
Linum austriacum or tenuifolium	Flax/linen
Anthriscus sylvestris	Cow parsley (pignut variety?)
Thymus glabrescens	Thyme
Silene (alpestrus?)	Catch-Fly

Day Two

The Sibilla Peak

Max height: 2173m

Ascent: 570m

Gentiana lutea	Great Yellow Gentian (Suze liqueur made from the roots)
Helleborus viridis	Green Hellebore
Narcissus poeticus	Pheasants Eye Narcissus
Paeonia officinalis	Wild Peony
Saxifraga granulata	Meadow Saxifrage
Gentian dinarica?	Gentian – blue – in bud
Primula veris	Cowslip
Scabiosa columbaria	Small Scabious or Pin Cushion
Viola eugeniae	Wild pansy
Viola...	Wild violet - indigo
Centaurea montana	Mountain Cornflower, or Batchelor's Button
Myosotis alpestris	Hairy Forget-me-not
Valeriana tuberosa	Tuberous valerian

Dorycnium hirsutum

Hairy Canary Lotus

Day Three

Anthriscus sylvestris

Cowparsley

Echium vulgare

Viper's Bugloss

Cyclamen repandum

Spring Cyclamen

Eryngium ?(just leaf showing)

Gymnadenia conopsea (?)

Fragrant Orchid / Alpine Orchid?

Cerastrum tomentosum

Curry Plant

Sideritis italica

Like Stachys (Rabbits Ears) but not!

Helianthemum appenninum

Rock Rose – white

Cistus creticus/crispus?

Cistus – pink

Convolvulus cantabrica

Cantabrian (Dwarf) Morning Glory – pink

Convolvulus althaeoides

Mallow-leaved Bindweed

Vicia cracca

Bird Vetch (indigo)

Plantain media

Hoary Plantain

Helleborus viridis

Green Hellebore

Cruciata laevipes

Smooth Bedstraw, or Cross-wort

Dianthus deltoides/carthusianorum? Maiden Pink (v bight, small, simple, carnation family)

Paeonia officianalis

Wild peony

Salvia pratensis

Meadow Clary (mid blue spikes)

Anthemis arvensis

Corn camomile, May Weed (large daisy)

Papaver rhoeas

Common Poppy

Laburnum alpinium?

Laburnum (or in Italian: "Maggiociondolo" / May Pendant)

Onobrychis montana/vicifolia

Samfoin

Trifolium....

Clovers – pink and white, several!

Trifolium badium

Brown Clover (yellow/brown)

Lotus corniculatus

Common Bird's Foot Trefoil. (yellow)

Or

Hippocrepis comatose

Horseshoe Vetch. (yellow)

Rhinanthus wettsteinii?

Apennine Yellow Rattle

Ranunculus...

Buttercups – lots

Sparticum junceum

Spanish Broom

Onosma echioides

Golden Drop - cream tubular bells